

# The Grand Traverse Of The Massif Central By Mountain Bike Road Bike Or On Foot Cicerone Guides

Mountain biking: the ultimate guide to mastering mountain biking for life! (mountain biking, bike riding, biking, cycling, mountain biking for beginners, cycling training, mountain bike training)mount tamalpais, california, usa, and the surrounding areas in marin county, california are recognized as the birthplace of mountain biking. in the 1970s, mountain biking pioneers such as gary fisher, otis guy, charlie kelly and joe breeze were active. the 2006 film klunkers chronicled their story, solidifying mount tamalpais' legendary status as a trail riding destination.

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