

The Impatient Woman's Guide To Getting Pregnant

Comforting and intimate, this “girlfriend” guide to getting pregnant gets to the heart of all the emotional issues around having children—biological pressure, in-law pressures, greater social pressures—to support women who are considering getting pregnant. Trying to get pregnant is enough to make any woman impatient. The Impatient Woman's Guide to Getting Pregnant is a complete guide to the medical, psychological, social, and sexual aspects of getting pregnant, told in a funny, compassionate way, like talking to a good friend who's been through it all. Community reviews. This book is an excellent guide for any woman dissatisfied with the standard ob-gyn advice to getting pregnant: stop taking birth control, start taking a prenatal vitamin, and don't worry until after an entire year of trying. Most don't even recommend charting to try to determine a woman's fertility window. Just finished the Impatient Woman's Guide to Getting Pregnant by Jean M. Twenge Ph.D. Impatient Woman's Guide to Getting Pregnant. “What to do when you want to be pregnant yesterday – and you don't have any time to waste.” – Jean M. Twenge, Ph.D. This book is for the impatient woman. The woman who has moved up the ranks in her career successfully, and wants to succeed with pregnancy using the same methodical approach. Standard advice is to wait a year if you're under 35, but that's a really long time and the average woman under 35 who's having ovulation-focused sex is pregnant within three months. If you've been trying for more than three months, don't panic.

The Impatient Woman's Guide to Getting Pregnant is a complete guide to the medical, psychological, social, and sexual aspects of getting pregnant, told in a funny, compassionate way, like talking to a good friend who's been through it all. And in fact, Dr. Jean Twenge has been through it all—the mother of three young children. “This book is comforting, accurate, and very funny! I recommend it!” ~ Christiane Northrup, M.D. “Women hoping to conceive will swiftly find very helpful information in this manageable, informative, and entertaining guide.” # pregnancy calculator 21 day cycle ★ pregnancy calculator 21 day cycle ★ How hard is it to get pregnant at 43 tips in getting pregnant pregnancy calculator 21 day cycle how to increase chance of getting pregnant how hard is it to get pregnant at 43 iron is important but has the tendency to cause nausea. Okay, you admit it: you're an impatient woman. Maybe you've planned your career and are now ready to start a family with the same organized, well-informed approach. Or maybe you've been trying to get pregnant for a few months already, which is enough to make any woman impatient.

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